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## ELIZABETH GOURLAY

## STATEMENT

I think of the work as a meditation on color and form. The drawings and paintings emerge from a gradual yet progressive meditation that leads to a complex network of shifting shapes and colors. The shapes and lines create my own vocabulary of abstract forms. They are resonances with inner emotional states, elements of feelings or sub-conscious thoughts combined with conscious thought about color, form and geometric structure.

In this set of works, I am attempting to get in touch with the inner eye, the unconscious mind and let that lead me through the drawing or painting. Usually, my best work happens when this is occurring naturally and I am in tune with the work. I am not consciously thinking about music or musical composition. Yet, when working, it is something that happens naturally in the process of playing with bars, lines and blocks of color. Shifting them around the picture plane is analogous to moving notes and chords around the score. Composing the piece is what is done until something feels right.